

# MENTAL HEALTH MATTERS

MENTAL HEALTH SERVICE  
Mark Hemming  
Manager of Mental Health Services

- **Acute Services Operational Manager:** I am pleased to formally announce that Sally Simmonds has been offered the position of Acute Services Operational Manager and will replace Margaret Reilly, who I am sure is now enjoying her well deserved retirement. Sally will start on Wednesday 1st September. She has a wealth of experience in managing similar services in Powys and I am certainly looking forward to her joining our service. Thanks to all of you who attended applicant's presentations and for providing feedback to the panel.
- **Car Parking:** Most of you will have noticed that numbers are now painted in the spaces at the Stonebow Unit. These places will be allocated following further discussion with staff. We will then agree a policy and inform staff, with enough notice, to begin to implement this.
- **Mental Health Service Consultation Paper:** This paper, which is for teams within the service to consider, has been in circulation since May. I have received a number of responses from staff groups. Could you please send any additional comments to me as soon as possible. The responses and paper will be considered at the August MHOG.
- **Health Service Journal Awards:** Applications for the 2004 Health service Awards are now being called for. I know that there are a number of

➤ teams in our service who are providing the type of high quality service that meets the criteria for these awards. I would be very keen for teams to apply and also keen to assist you in your applications. Details of how to apply are at [www.awards.hsj.co.uk](http://www.awards.hsj.co.uk). The closing date is 4 August 2004. Applications must go through Paul Bates.

➤ **Performance Ratings for 2003/2004.** The Healthcare Commission has published the latest round of performance ratings. The Primary Care Trust has again been awarded the top ranking of 3 Stars having achieved the "pass mark" in all nine key indicators. Disappointingly, the Mental Health Service has dropped from 2 Stars to 1 Star. This is related to not being able to meet all of the components of Performance Indicators related to IT – i.e. Minimum Data Set information and not having a joint (integrated) recording and IT system – and not with the quality of care that we provide. The Chief Executive wishes to thank all those involved in all services for their contributions to the Herefordshire PCT service provision. If you wish for more information please log on to the Healthcare Commission Website :

[www.healthcarecommission.org.uk](http://www.healthcarecommission.org.uk)

**Contact: Mark Hemming 01432 262003  
mark.hemming@herefordpct.nhs.uk**

ADULT MENTAL HEALTH SERVICE  
Rob Cunningham  
Operational Manager

➤ Congratulations to **Clive Appleby** who has recently completed the BFT Trainer course. Clive will now work with John Downing and Martin Foster

in providing the BFT training and supervision. Details of courses from John, Martin or Clive.

- Congratulations to **Anna Phillips** and **Jackie Hinksman** who have completed their Assessing in Clinical Practice course.
- Welcome to **Lisa Bloore** who is to take up post as CPN on 26/7/04 with City team 2.
- Myself, Martin Foster and Ken Godbert recently attended a conference at **Strategic Health Authority on Continuing Care**. Work is in progress to develop a robust system and raise the profile of this. With Marcia Perry (commissioning) I am looking to provide teams with training/education about this process.

**Contact Rob Cunningham 01432 262850**

**rcunningham@herefordpct.nhs.uk**

DEPARTMENT OF MENTAL HEALTH  
FOR OLDER PEOPLE  
Sue Bennison  
DMHOP Manager

- Interviews for **Occupational Therapy posts** took place on Monday, July 26<sup>th</sup>. Subject to references and checks an appointment has been made to the North Team. We hope that the post will be taken up in mid September 2004.
- **DMHOP Away Day** takes place on Friday, July 30<sup>th</sup> with staff from all areas of the service getting together to discuss the components of a modern service for older adults with mental health problems.
- **Dr Sylvia Dillon**, Consultant Psychologist, has given notice of resignation from her post in August. Sylvia is moving to take up a post at University of Manchester. Many thanks for your work with us and best wishes in your new venture.

**Contact: Sue Bennison 01432 262891**  
**sbenniso@herefordshire.gov.uk**

## INPATIENT SERVICES

- Following interviews on July 23<sup>rd</sup>, we are in the process of appointing 3 newly qualified RMNs to the the two adult inpatient wards. Subject to references and checks, staff should be in post by the end of August.
- Ian Bloore is now in post as Ward Manager following his time out with a broken arm.. Please be careful when playing football in the future and remember it's your feet, not your arms, that you use.

HEREFORDSHIRE USER GROUP  
Phil Pankhurst  
General Manager

- **London Dinner – 6th July 2004:**The dinner was hosted by the family and friends of Mark Gibbons, at Ranelagh Gardens in Chelsea, to celebrate his life and work and try to raise funds for HUG and advocacy nationally. Two hundred guests attended including HUG's Phil Pankhurst and Maria Cullen. HUG's very sincere thanks go to Mark's friends and family.
- **Article – The Observer newspaper:** Sandra Deeble ran an article in The Observer on Sunday 25th July 2004 on the very successful work carried out by HUG's Advocacy Service. Once again, sincere thanks!
- **Barbecue :** HUG's grateful thanks go to long-standing friends and Honorary Members, Bill and Maggie Matthews, for holding a barbecue and bring and buy sale in aid of HUG in their garden at 16 St. Martin's Avenue, Hereford, on Wednesday 28th July 2004.
- **Fundraising:** HUG still desperately needs volunteers to help with a variety of fundraising activities. These do not have to be

service-users but can be friends and family of same or simply people supportive of our cause. Posters were circulated in June and a press release sent out to the local press though sadly few responses were received.

**Contact: Amanda Leighton: 01432 370283**

**(General/Administration) [amanda@hug.fsnet.co.uk](mailto:amanda@hug.fsnet.co.uk)**

**(Advocacy & Contact Phil Pankhurst: 01432 370283**

**(Management) [pp@advohug.fsnet.co.uk](mailto:pp@advohug.fsnet.co.uk)**

MENTAL HEALTH PROMOTION  
Roger Hanson  
Mental health promotion manager

- **Update Of The Herefordshire Mental Health Website:** We are in the process of updating the information featured on the above website. We would be most grateful if all contributors to the site could re-visit and check that their information is correct and up-to-date. If they have any amendments or alterations, could these please be as detailed as possible (ie reference to the exact page on which the amendment is to be made etc) and either emailed to [jrogoff@herefordshire.gov.uk](mailto:jrogoff@herefordshire.gov.uk) or posted to Jayne Rogoff, Mental Health Promotion Office, Moor House Widemarsh Common, Hereford HR4 9NA. Many thanks for your help.
- **Understanding Alcohol Course:** This is a FREE one day course for anyone who may encounter alcohol related problems in their
- work with others and would like to find out more about the subject. Courses run throughout the year and the next available dates for the current year are 16 September, 14 October and 16 December. If you are interested in booking a place on one of the courses

or would like further information, please contact the Mental Health Promotion Office at Moor House

- **Mental Health Awareness** – education sessions are continuing in school/college based settings. During June all of year 9 and 10 at Bishops Bluecoat School will take part in interactive workshops covering mental and emotional well-being as part of their PSHE (personal, social and health education) and citizenship programmes. These sessions link with the Early Intervention in Psychosis framework, whilst being an essential part of the wider NSF Standard 1 programme of activities.

- **Mental Health Promotion Training** – the piloted programme consists of three sections:

- 1. Basic Awareness – Foundation day (starting point)
- 2. Developing Practice – further 2 days (optional)
- 3. Evaluated Practice – further 2 days (optional)

Dates and venues are currently being arranged for the 2004-05 Autumn/Winter programme of training. If you are interested in this opportunity to develop your mental health promotion skills, please contact Flyers will be available in due course and will be widely circulated The MHP training programme is delivered locally in association with UCE – University of Central England and NIMHE – West Midlands.

Contact: **Jayne Rogoff at MHP Office, Moor House. 01432-262881 or [jrogoff@herefordshire.gov.uk](mailto:jrogoff@herefordshire.gov.uk) Roger Hanson- 01432 262882 [rhanson@herefordshire.gov.uk](mailto:rhanson@herefordshire.gov.uk)**

GUIDANCE DOCUMENTS  
CONSULTATIONS  
And  
OTHER EVENTS

- **Understanding values is key to resolving conflicts in mental health practice:** Conflicts in mental health care can be resolved if practitioners are more aware of their values and those of their clients, says a guide published by the Sainsbury Centre for Mental Health (SCMH)

**Whose Values**, by Kim Woodbridge and Bill Fulford, argues that an ability to understand a service user's values is a fundamental skill for mental health workers and vital for them to offer people a choice in how they are treated. Only by learning what a person values, and knowing what clashes of values exist around them, will they be able to help them and their families adequately.

**Whose Values** introduces the idea of values-based practice in mental health. It sets out the skills practitioners need to learn to be aware of values, to know how to explore them and to help to resolve any tensions around them.

- **More info from [www.scmh.org.uk](http://www.scmh.org.uk)**

**Any comments or items for inclusion in the Newsletter please send to:**

**Please send to:**

**Sue Bennison**

**Moor House,**

**Widemarsh Common,**

**Hereford HR4 9NA**

**Tel 01432 262887**

**[sbenniso@herefordshire.gov.uk](mailto:sbenniso@herefordshire.gov.uk)**

