

MENTAL HEALTH MATTERS

MENTAL HEALTH MANAGEMENT TEAM INFORMATION

- **Move to Monkmoor Court:** At last it's happening! The mental health management team, Mark Hemming, Rob Cunningham, Angie Kelly and Sue Bennison, and the older adult service, move from their respective locations in Victoria House, Moor House and the Stonebow Unit to Monkmoor Court during the period Monday, November 7th to Wednesday, November 9th. The new address is **Monkmoor Court, 31-34 Commercial Road, Hereford HR1 2BG**. Telephone numbers to follow asap but, during the move period, the management team can be contacted on **01432 361669** and the older adult service on **01432 361600**. Please also contact people through their mobile phones. E-mail addresses will change for all of the Moor House staff from the Council to inclusion in the PCT system.
- **Adult mental health LIT: A Mental Health Local Implementation Team** was set up in each area of the country to oversee the implementation of the National Service Framework. This brought together a partnership between statutory mental health services, service users, carers and private and voluntary agencies.

Although the bulk of responsibilities for meeting NSF targets fall on the statutory agencies, the LIT is still regarded by the government as a crucial local mechanism for achieving the NSF.

In Herefordshire, the LIT has just restarted after local planning structures were revised. The LIT now takes on the role of a "wider reference group" giving expert advice and support to a high level Mental Health Programme Board. It keeps a wide and diverse membership and will be essential to the success of the new planning arrangements.

One of its first tasks is to co-ordinate the annual Autumn Assessment of Mental Health. There will more news about this in forthcoming Newsletters.

If you want to know more about the LIT, contact Mike Metcalf – mike.metcalf@herefordpct.nhs.uk

- **Preventing Suicide** - Work is underway to update our local Suicide Prevention Strategy. Action includes developing a leaflet specifically about suicide. This could include information about risk factors and where to get emergency help. It could be made available to Service users, carers and multi agency first line assessors. Part of our work is to understand factors and reasons of why someone may attempt suicide.

We would like to develop a method of capturing valuable information from people who have made serious attempts on their lives

(who may not be in contact with mental health services). If any one has any suggestions on how we may develop proposals please get in contact with **Rob Cunningham**

- Mark Hemming attended a meeting in Telford on Monday, with Paul Bates, Dr Eggar and Mike Metcalf to discuss the **future configuration of Mental Health Services in the region**. It now looks as if the option of West Mercia Mental Health Services, of Hereford, Worcester and Shropshire is further away. We are doing more work to explore the viability of a Herefordshire and Worcestershire service. Mark will brief staff again once he has more news

Mark Hemming , Sally Simmonds, Rob Cunningham, Angie Kelly and Sue Bennison for more info.

COMMUNITY SERVICE
Rob Cunningham
Operational Manager

- **Recruitment** - we are currently in the process of recruiting to a number of new positions to enhance the service. These include Early Intervention Mental Health professional, Assertive Outreach nurse and a new band 6 position to city team one. More news when people take up posts.
- **Clive Appleby** will be relocating to 25 - 27a St Owen Street as part of the service move from Moor House
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Contact: Rob Cunningham

ACUTE SERVICES
Sally Simmonds
Operational Manager

- **BBC Hereford and Worcester** recently spent a week at the Stonebow , They made a radio recording involving staff and patients . The title is a day in the life of an inpatient service. This is due to be on air in November and will attempt to demystify the service
- Welcome to **Trish Baxter and Alison Bundy** both working in administrative posts.
- Welcome to **Mathew Launchberry** new deputy ward manager on Jenny Lind Ward

Contact: Sally Simmonds on 01432 355444 –

sally.simmonds@herefordpct.nhs.uk

OLDER ADULT SERVICE
Sue Bennison
Operational Manager

- Welcome to **Sarah Suel**, new OT in the South Herefordshire CMHT. Sarah has come across from the USA, originally from Arkansas but recently working in Ohio. We are looking forward to hearing about practice in the USA and how this can benefit our service.
- The Ten Essential Shared Capabilities Training pilot launch takes place on November 9th and 10th. In fact, we have started the work already!
- Congratulations to **Jenny Haste** in the North Herefordshire CMHT who has successfully finished her Approved Social Work Training and is now an accredited ASW.
- **Sandra Hudson and Dr Ash Bannerjee from the West Midlands South Strategic Health Authority** presented information to members of the Section 31 Partnership Board, senior staff from the PCT and Social Care and senior councillors from Herefordshire Council about **Dementia Services in the SHA area**

with particular reference to Herefordshire and including how it compares with other PCT services.

Of particular interest was information that in the SHA area,

- Herefordshire has the most elderly population with a fifth of people being aged 65 years or over and has the highest estimated number of dementia cases relative to its population size (14.9 cases per 1,000 population)
- The number of people with dementia is expected to increase across the SHA area in the next five years with an increase predicted in Herefordshire of 13.9% and, in the next ten years, 29.7%
- The SHA looked at the projected changes in the number of people with dementia needing community support or institutional care. The numbers of people with moderate or severe dementia living in Herefordshire and requiring community support is likely to increase by 17.2% in the next five years. The numbers of people expected to require residential/nursing care is anticipated to rise by 19.3% in the next five years and by 39.1% in the next 10 years.

This will obviously have a noticeable impact on the capacity of the existing services to maintain current levels of provision and has opened up discussions on how we meet these challenges through looking at our present service delivery and what additional resources may be required

Contact: Sue Bennison

GUIDANCE DOCUMENTS
CONSULTATIONS
TRAINING
OTHER EVENTS

- The final report on “**New ways of working for psychiatrists: Enhancing effective, person-centred services through new ways of working in multidisciplinary and multi agency contexts**” has been published by the DoH. This is best practice guidance and is available on the DoH website- www.dh.gov.uk
- The DoH has presented a “Programme of Improvement” providing new measures to help people with alcohol problems. The programme includes publication of an audit of treatment gives a national picture of trends of alcohol misuse and the availability of alcohol treatment services throughout the country. The Programme of Improvement includes publication of an audit of treatment, giving a national picture of trends of alcohol misuse and the availability of alcohol treatment services throughout the country. Results from the study include:
 - Eight million people drink above recommended limits (alcohol use disorders).
 - The prevalence of alcohol dependence overall was 3.6% of the adult population, equating to 1.1 million people.
 - There was a decline in all alcohol use disorders with age.
 - Levels of alcohol dependence varied between regions from 1.6% to 5.2%.
 - There were low levels of identification, treatment and referral of patients with alcohol use disorders by GPs.
 - GPs tended to under-identify younger patients with alcohol use disorders compared to older patients.

- There were 43% more agencies providing alcohol treatment services than previously identified.
- There was a high level of satisfaction with specialist services.
- The estimated annual spend on specialist alcohol treatment is £217 million.

The report can be obtained from the DoH website: www.dh.gov.uk

Any comments or items for inclusion in the Newsletter please send to:

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31-34, Commercial Road,
Hereford
HR1 2BG**