

MENTAL HEALTH MATTERS

MENTAL HEALTH MANAGEMENT TEAM INFORMATION

- We have been made aware that there may be value for staff in the mental health service to have more information about the **role of managers**. If you would find it helpful, all of the managers would be happy to be shadowed, so please get in touch if you want to book a day/half day/a meeting.
- In the coming weeks all staff should receive a questionnaire that can be completed anonymously related to an **IT skills audit**. The purpose of this is to identify training needs as there will be an increase in IT usage for all staff linked with NpFIT
- The first meeting to begin looking at the **Mental Health/ Housing Plan** took place in early May. It was agreed that the next meeting needs to include a broader membership to scope the work and the format of the plan.
- Discussion items at **MHOG (Mental Health Operational Group)** included:
 - Supervision
 - Financial mapping information
 - Reducing Suicide/Risk management
 - Mental Health/ Housing plan
 - Clinical notes/record keeping
 - Consultant's Away Day facilitated by NIMHE

Mark Hemming , Sally Simmonds, Rob Cunningham, Angie Kelly and Sue Bennison for more info.

OLDER ADULT SERVICE
Sue Bennison
Operational Manager

- The Public Health Department of the West Midlands South Strategic Health Authority has been working with older adult mental health leads from across the constituent PCTs to investigate the health and social care needs of elderly people with dementia in the WMSHA region over the next 10 years.
- The full report will be available within the next few weeks but information is already available regarding incidence and prevalence of the disease as described in the following summary
 - Dementia is rare below the age of 65 but prevalence increases with age so that 21% of men and 28% of women aged 85 or over suffer from the condition.
 - In the next 5 years, the total population of the SHA will rise by 2.2% but the elderly population will rise by 10.5% and the very elderly population by 21%.
 - This ageing of the population will lead to a large increase in the number of elderly people with dementia.
 - The number of elderly people with moderate or severe dementia living in the community is an estimate of numbers needing community support. This figure for the SHA region is expected to rise by 14% in the next 5 years and 31% in the next 10 years.
 - The number of dementia patients in institutional care in the SHA region is projected to rise by 16.1% by 2010.

- Most dementia cases are found in the three biggest PCTs (South Worcestershire, Coventry and South Warwickshire)
- Herefordshire and South Worcestershire have the most number of dementia cases relative to their total population.
- Coventry, North Warwickshire and Redditch & Bromsgrove PCTs have the least number of dementia cases relative to their total population.
- The largest increase in dementia numbers will be in Herefordshire and Wyre Forest. The smallest increase in dementia numbers will be in Coventry.
- Potential approaches to cope with the increased numbers of people with dementia include increased community services, increased institutional resources and/or a change in the balance between institutional and community care.
- Interviews are taking place on June 16th for the two CMHT OT vacancies
- Interviews are taking place on June 9th for a secretarial assistant and receptionist
- Welcome to Alison Chappell who is commencing a three -month secondment from Cantilupe Ward to the North Herefordshire CMHT.

Contact: Sue Bennison 01432 262891
sbenniso@herefordshire.gov.uk

HEREFORDSHIRE MIND,
 Andrew Strong
 General Manager

➤ **HAVE YOU CONSIDERED THE ETNAM STREET PROJECT? ACCOMMODATION-BASED SUPPORT IN LEOMINSTER.**

HEREFORDSHIRE MIND *Enables people living at home to lead independent and fulfilling lives.*

We provide housing-related support to six tenants at **20 Etnam Street, Leominster**. This supported housing project (property and tenancies managed by St John Kemble Housing Association) comprises six self-contained one-bedroom flats of high standard. As a transitional housing project we look to sensitively move on service users to more independent accommodation within two years. We anticipate **VACANCIES** in the coming months. Do you know of service users who may be suited to this project? Applicants must want to live there, accept our support and have housing-related support needs.

For further information contact Tanya Dobbs, Team Leader, on 01432 275770 or Andrew Strong
andrew.strong@herefordshire-mind.org.uk

GUIDANCE DOCUMENTS
 CONSULTATIONS
 TRAINING
 OTHER EVENTS

- The Sainsbury Centre for Mental Health has published it's first **national survey of acute inpatient mental health wards** following a survey of over 50 NHS Trusts and 300 wards across England. More info on www.scmh.org.uk

ALZHEIMERS'S SOCIETY
Dr Nick Wagner
Chair

- **Memory Walk:** The Branch will be holding Memory Walk on Saturday, 9 July. The Walk will convene at Hereford Cathedral at 10.30 am to commence at 11.00 am and finish in High Town. If anyone wishes to take part please contact the Branch office on 01432 371137.
- **Entertainment Evening:** The Branch will be holding an Entertainment Evening at All Saints Church, Hereford on Tuesday, 5 July commencing at 7.30 pm. Brian Viner – writer, journalist and author – will talk about his recently published book “Tales of the Country”. Brian is a regular columnist on the Independent newspaper and writes about his move from London to Docklow and the fun and hard work this has entailed. For catering purposes please contact the Branch office if you wish to attend 01432 371137.
- Prior to the Entertainment Evening the Branch will be holding its 16th **Annual General Meeting at 6.30 pm at All Saints Church, Hereford.**
- **Training:** The Alzheimer’s Society has launched its first nationally accredited training course aimed at improving the quality of care given to people with dementia. The course has been produced in collaboration with BUPA Care Homes, Joseph Rowntree Foundation and the University of Sunderland. The programme aims to encourage care staff to learn more about dementia through the use of video, group discussion and work with people with dementia. For further information please contact the National Alzheimer’s Society Tel: 020 7306 0606.



Contact: 01432 371137
alzheimershfd@waitrose.com

CARERS

- Herefordshire Carers Support are organising a week of events for **National Carers Week 13-19 June:**
- **Monday 13 – Information Day at All Saints Church – 10-3.** A variety of information stands for carers and professionals – drop in any time. Launch of the GP Alert Card.
- Tuesday 14 – Information at the County Hospital 11 –2 – **information on carer support**
- **Thursday 16 – Pamper Day for Carers –Town Hall 10 –3.30** - a variety of holistic therapies and lunch – carers can drop in - free of charge –
- **Friday 17 – Cream Tea at Left Bank 1.30 – 4.** Carers need to book for this one – transport provided from Leominster, Bromyard, Ledbury & Ross.
- **Young Carers – Party on Wednesday evening and camping at Bods at the weekend. Outing for the little ones in half term.** Young carers need to be registered with us to take part in any of these events.
- **Please pass on this information to any carers you are in touch with. Further information from HCS 01432 356068.**

Any comments or items for inclusion in the Newsletter please send to:

Sue Bennison
Moor House,
Widemarsh Common,
Hereford HR4 9NA
Tel 01432 262891
sbenniso@herefordshire.gov.uk